

Scientific Program

Thursday, 29th June, 2017 >> Grand Ballroom - II, Grand Hyatt Hotel, Santacruz, Mumbai

7.00-8.00 pm **Instructional Course Lectures : Return to Sports after Knee Sports Injury (8 min. each)**

Moderators: **Dr. Yajuvendra Gavai, Dr. Milind Pimprikar**

1. Risk factors for ACL lesion & instability – **Dr. João Espregueira-Mendes**
2. General aspects of return to sports after ACL reconstruction - **Dr. Masahiro Kurosaka**
3. When can I return to play ? - **Dr. Robert Smigielski**

Panel Discussion

Panelists: **Dr. João Espregueira-Mendes, Dr. Wendell Heard, Dr. Robert Smigielski, Dr. Masahiro Kurosaka, Dr. Nicholas Antao**

8.00 pm **Welcome & Faculty Dinner**

Day 1 • Friday, 30th June, 2017 • Knee >> Grand Hyatt Hotel, Santacruz, Mumbai

7.30-8.20 am

Instructional Course Lecture 1: (ICL-1) Hall -1

PCL reconstruction (8 min. each)

Moderators: **Dr. P. Gopinath, Dr. Prashant Tonape**

- PCL - from anatomy to surgery
Dr. Robert Smigielski
- PCL - Single or Double Bundle reconstruction
Dr. Nishith Shah
- Isolated PCL injury- Management protocol
Dr. Philippe Landreau
- How to address combine PCL Injury
Dr. Robert Smigielski
- All inside PCL reconstruction
Dr. Ateek Vasdev
- Predictors of outcome in multi ligament knee reconstruction
Dr. Brett Fritsch

7.30-8.20 am

Instructional Course Lecture 2: (ICL 2) Hall -2

ACL reconstruction (8 min. each)

Moderators: **Dr. S. Bandekar, Dr. Vaibhav Bagaria**

- History of ACL reconstruction, present and future possibilities
Dr. Masahiro Kurosaka
- BPTB – ACL reconstruction- Is it still the gold standard?
Dr. Philippe Landreau
- New approach to Anatomic ACL reconstruction
Dr. Wendell Heard
- Cortical fixation Vs Cross pin fixation
Dr. Alessandro Lelli
- ACL revision - trips & tricks
Dr. João Espregueira-Mendes
- Extra-articular Lateral tenodesis
Dr. Nader Darwich

PLENARY HALL

8.30 am **Welcome** by *Chairman* **Dr. Nicholas Antao**

8.30-9.20 am **SESSION I**

Moderators: **Dr. Ashish Arbat, Dr. Nicholas Antao**

8.30-8.50 am **Clinical Knee evaluation** – 20 min.

Live Clinical TEST Demonstration by experts

Lachman, Drawer, Pivot shift and their variations

Examiner: **Dr. Abhay Narvekar, Dr. Alessandro Lelli**

Panelists: **Dr. João Espregueira-Mendes, Dr. Masahiro Kurosaka, Dr. Brett Fritsch, Dr. Alessandro Lelli, Dr. Anant Joshi, Dr. S. Arumugam**

8.50-9.20 am **Guest Lectures** (8 min each)

- New approach to ACL anatomy a flat ribbon like structure - **Dr. Robert Smigielski**
- Remnants, stem cells and healing in ACL reconstruction - **Dr. Masahiro Kurosaka**
- Ribbon to ribbon reconstruction of ACL - **Dr. Robert Smigielski**

9.20-10.00 am **SESSION II**

9.20-9.40 am *Moderators:* **Dr. Hetal Chiniwala, Dr. Nishith Shah**

LIVE SURGERY 1: BPTB ACL reconstruction

Surgeons: **Dr. Rajkumar Amravati and Dr. Philippe Landreau** (20 Min)

9.40-10.00 am **Guest Lectures** (8 min. each)

- Why do some ACLs fail and how to prevent failure ?- **Dr. Alessandro Lelli**
- Mechanical and Biological augmentation of ACL reconstruction- **Dr. Wendell Heard**

Discussion (4 min.)

10.00-10.30 am **Panel Discussion: ACL Reconstruction**

Moderators: **Dr. Sachin Tapasvi**

Topics: **Timing of surgery, footprint, graft choice, fixation and rehabilitation**

Panelists: **Dr. S. Arumugam, Dr. Nader Darwich, Dr. Steffen Schroeter, Dr. Masahiro Kurosaka, Dr. João Espregueira-Mendes, Dr. Anant Joshi**

10.30-11.30 am **SESSION- III**

Moderators: **Dr. Sanjay Trivedi, Dr. Shital Gupta**

10.30-11.00 am **LIVE SURGERY 2: Ribbon to ribbon ACL reconstruction with Quadriceps tendon**

Surgeons: **Dr. Umesh Jadhav, Dr. Robert Smigielski** (30min)

11.00-11.30 am **Guest Lectures** (8 min each)

- Ideal PCL reconstruction - **Dr. Philippe Landreau**
- Treatment algorithm of Chronic MCL injury - **Dr. Masahiro Kurosaka**
- Can PLC be repaired or reconstructed to normalcy? - **Dr. Brett Fritsch**

Discussion (6 min)

11.30-12.00 pm **SESSION IV**

Moderators: **Dr. Anil Patil, Dr. Vinay Tantuay**

11.30-12.00 pm **LIVE SURGERY 3: PCL Reconstruction**

Surgeons: **Dr. Mihir Patel, Dr. Alessandro Lelli**

12.00-12.30 pm **Panel Discussion: Multi-ligament reconstruction**

Dr. Milind Pimprikar and Dr. Roshan Wade

Topics: **Pattern of Injury, Timing of Surgery, How to repair and reconstruction**

Panelists: **Dr. João Espregueira-Mendes, Dr. Anant Joshi, Dr. Philippe Landreau, Dr. Masahiro Kurosaka, Dr. Abhay Narvekar, Dr. Brett Fritsch**

12.30-1.30 pm

SESSION V

Moderators: **Dr. Sanjay Trivedi, Dr. Vinay Pandey, Dr. Rakesh Chaudhary**

12.30-1.30 pm

LIVE SURGERY 4: Multi-ligament reconstruction

Surgeons: **Dr. Umesh Jadhav, Dr. Robert Smigielski**

1.30-2.25 pm

LUNCH ON VIDEO DEMO

Hall A	Hall B	Hall C	Hall D
<p>Graftmax</p> <p><i>Moderators:</i> Dr. Brajesh Dadaria, Dr. Krishna Subramaniam</p> <p>1. Graft max Philosophy Dr. Shital Gupta</p> <p>2. Graft MAX ACL reconstruction Dr. Ateek Vasdev</p> <p>• Graftmax Demo</p>	<p>Ultrabutton</p> <p><i>Moderators:</i> Dr. Vaibhav Bagaria, Dr. Samir Shaikh</p> <p>1. Ultrabutton philosophy- Dr. Nader Darwich</p> <p>2. Ultrabutton ACL recon – Dr. Philippe Landreau</p> <p>• Ideal ACL reconstruction demo</p>	<p>Rigid loop</p> <p><i>Moderators:</i> Dr. Ashish Arbat, Dr. P. Gopinath</p> <p>1. Rigid loop philosophy – Dr. Alessandro Lelli</p> <p>2. Rigid loop ACL reconstruction- Dr. Sachin Tapasvi</p> <p>• Rigid loop demo</p>	<p>Graft preparation by (Ethicon)</p> <p><i>Moderator:</i> Dr. Rajeev Gupta, Dr. Yajuvendra Gavai</p> <p>1. Hamstring Dr. Vinay Pandey</p> <p>2. BTB Dr. Swarnendu Samanta</p> <p>3. Quadriceps Dr. Jayaprasad Peddha</p> <p>• Demo - Stratafix</p>

2.20-3.15 pm

SESSION VI

Moderators: **Dr. R.C. Meena, Dr. Nikhil Iyer, Dr. Vikram Sharma**

2.20- 2.45 pm

LIVE SURGERY 5: High tibial osteotomy

Surgeons: **Dr. Prashant Tonape, Dr. Steffen Schroeter**

2.45- 3.15 pm

Guest Lectures (8 min. each)

- Anterolateral Instability of knee – Anatomy, Diagnosis and treatment - **Dr. Robert Smigielski**
- Femoro Acetabular Impingement in Athletes - **Dr. Prasad Guruneini**
- MPFL complex anatomy and reconstruction - **Dr. Robert Smigielski**

Discussion (6 min)

3.15-4.00 pm

SESSION VII

Moderators: **Dr. S. Arumugam, Dr. Swarnendu Samanta, Dr. Kumar Dussa**

3.15-3.40 pm

LIVE SURGERY 6: MPFL reconstruction-

Surgeons: **Dr. Milind Pimprikar, Dr. Wendell Heard**

3.40-4.00 pm

Meniscus Symposia (8 min each)

- Meniscal repair; Challenges to preserve torn meniscus - **Dr. Masahiro Kurosaka**
- Ideal menisectomy how much is too much? - **Dr. João Espregueira-Mendes**

Discussion (4 min)

4.00-5.00 pm

SESSION VIII

Moderators: **Dr. Jayaprasad Peddha, Dr. Raghuveer Reddy, Dr. P. Tonape**

4.00-4.30pm

LIVE SURGERY 7: Meniscus repair / ACL + MM Repair

Surgeons: **Dr. Hetal Chiniwala, Dr. Nader Darwich**

4.30-5.00 pm

Cartilage Symposia (8 min each)

- Current concepts in management of cartilage defects - **Dr. Masahiro Kurosaka**
- Technique of De-Rotational Osteotomy in Patella Instability - **Dr. Steffen Schroeter**
- Autologous and Allogenic Stem Cells for Chondral Defects of the Knee - **Dr. Philippe Landreau**

Discussion (4 min.)

5.00-6.00 pm

SESSION IX

Moderators: **Dr. Mandip Dhillon, Dr. Vikram Sharma**

5.00-5.30 pm

Panel Discussion: Cartilage disease and Young arthritic knee - Dr. Roshan Wade

Panelists: **Dr. Steffen Schroeter, Dr. Masahiro Kurosaka, Dr. João Espregueira-Mendes, Dr. Nader Darwich, Dr. Abhay Narvekar**

5.30-6.00 pm

LIVE SURGERY 8: Anatomic ACL reconstruction

Surgeons: **Dr. Milind Pimprikar, Dr. Brett Fritsch**

6.00-6.20 pm

Arthroscopy Academy Knee Oration

Chairman: **Dr. Nicholas Antao**

- **“The challenges and difficulties in ACL reconstruction – Global Outlook”**
Dr. Masahiro Kurosaka

6.30-7.30 pm

Product Workshops

Hall A	Hall B	Hall C	Hall D
Young Arthritic Knee (YAK) <i>Moderators:</i> Dr. Sandeep Biraris, Dr. Kumar Dussa	Adjustable Loop <i>Moderators:</i> Dr. Mukesh Laddha, Dr. Milind Sawant	Rotator cuff <i>Moderators:</i> Dr. Nikhil Iyer, Dr. Sanjay Trivedi	Reverse Shoulder <i>Moderators:</i> Dr. Samir Shaikh, Dr. Vivek Pandey
1. Role of Viscosupplementation in YAK Dr. M. Dhillon 2. Techniques of Double Level Osteotomy in Varus Deformity Dr. Steffen Schroeter 3. UKR in Younger Population Dr. M. Desai UKR Saw Bone Demo	1. ACL Reconstruction with Suspensory Devices Dr. Philippe Landreau 2. Clinical Advantages of ACL Adjustable Suspensory Devices Dr. Milind Pimprikar Hands on Demo	1. Principles of Management of Rotator cuff tear Dr. Danny Lie 2. Management of Massive Cuff Tear Dr. Teruhisa Mihata 3. Double Row Cuff Repair Dr. Y.G. Rhee 4. Massive Rotator Cuff Repair Dr. Frances Soler Hands on Demo	1. Indication and Philosophy of Reverse Total Shoulder Replacement Dr. Prathaph Kumar 2. Technique of RSA Dr. Shirish Pathak 3. Complications of RSA Dr. Giovanni Di Giacomo Hands on Demo

7.30 pm

INAUGURATION OF ARTHROSCOPY ACADEMY 2017

8.00 pm

Gala Dinner and Entertainment

7.30-8.20 am **Instructional Course Lectures (45 min)**

<p>Instructional Course Lecture 1 (Hall 1) Shoulder Instability in Athlete <i>Moderator: Dr. Ashish Arbat, Dr. Mukesh Laddha</i></p> <ul style="list-style-type: none"> • Bankart Repair in Contact Athlete Dr. Kevin Plancher • Ideal Bankart repair Dr. Danny Lie • Additional Procedures for Stable Bankart Repair Dr. Wendell Heard • Arthroscopic Subscapularis Augmentation for Shoulder Instability Dr. Steffen Schroeter • Latarjet for all bony instability Dr. Giovanni Di Giacomo 	<p>Instructional Course Lecture 2 (Hall 2) Massive Rotator Cuff repair <i>Moderators: Dr. Nikhil Iyer, Dr. Rajkumar Amravati</i></p> <ul style="list-style-type: none"> • Rotator Cuff repair – My way Dr. Young Girl Rhee • Rotator cuff Single or Double row Dr. Philippe Landreau • Arthroscopy Rotator Cuff Failure. Why and How? Dr. Frances Soler • Management of Failed Rotator Cuff Tear Dr. Teruhisa Mihata 	<p>Instructional Course Lecture 3 (Hall 3) - 7 mins each Principles of ACL reconstruction <i>Moderators: Dr. Girish Chandra, Dr. Ranjit Panigrahi</i></p> <ul style="list-style-type: none"> • Hamstring graft diameter - Does it matter ? Dr. Brett Fritsch • BTB ACL reconstruction - Is it still gold standard ? Dr. Kevin Plancher • Where does tunnel go now ? Dr. Brett Fritsch • Ideal ACL reconstruction Dr. Wendell Heard • Clinical advantages of ACL adjustable suspensory devices Dr. Kevin Plancher • Tibial fixation - Is problem solved? Dr. Alessandro Lelli • Autologous and allogenic stem cells for chondral defects of the knee Dr. Kevin Plancher
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8.30 am **Welcome**

Chairman: Dr. Nichols Antao

8.30-9.30 am **SESSION I**

Moderators: Dr. Ashish Arbat, Dr. I.P.S. Oberoi

8.30-9.00 am **LIVE SURGERY 9: Arthroscopic Bankart repair**

Surgeon: Dr. Roshan Wade and Dr. Frances Soler

9.00-9.30 am **Instability Symposia (8 min. each)**

- The Perfect Bankart repair, what has changed in last 10 years - **Dr. Young Girl Rhee**
- Addressing bony issues in shoulder instability - **Dr. Giovanni Di Giacomo**
- Remplissage or Latarjet – When and Why? - **Dr. Kevin Plancher**

Discussion (6 min.)

9.30-10.00 am **SESSION II**

Moderators: Dr. Sanjay Trivedi, Dr. N. Subramaniam

9.30-10.00 am **LIVE SURGERY 10: Arthroscopic Bankart repair**

Surgeons: Dr. Mihir Patel, Dr. Danny Lie

- 10.00-10.30 am **Panel Discussion: Shoulder Instability - Dr. Vivek Pandey, Dr. Roshan Wade**
Panelists: Dr. Kevin Plancher, Dr. Steffen Schroeter, Dr. Young Girl Rhee, Dr. Dinshaw Pardiwala, Dr. Giovanni Di Giacomo, Dr. Shirish Pathak
- 10.30-11.30 am **SESSION III**
Moderators: Dr. Nicholas Antao, Dr. Kalpesh Trivedi
- 10.30-11.10 am **LIVE SURGERY 11: Arthroscopic Bankart with rotator cuff repair**
Surgeons: Dr. Nagraj Shetty, Dr. Philippe Landreau
- 11.10-11.30 am **Guest Lectures** (8 min. each)
 - How to do bone augmentation: glenoid & humeral side - **Dr. Teruhisa Mihata**
 - Arthroscopic revision of failed Bankart - **Dr. Frances Soler****Discussion** (4 min.)
- 11.30-12.30 pm **SESSION IV**
Moderators: Dr. I.P.S. Oberoi, Dr. Anil Patil
- 11.30-12.00 pm **LIVE SURGERY 12: Open Modified Latarjet**
Surgeons: Dr. Shaligram Purohit, Dr. Giovanni Di Giacomo
- 12.00-12.30 pm **Guest Lectures** (8 min. each)
 - Multi-directional instability in young athletes - **Dr. Wendell Heard**
 - Biceps Tenodesis Vs Tenotomy - **Dr. Danny Lie**
 - Single Row vs Double Row - Where do we Stand? - **Dr. Frances Soler****Discussion** (6 min.)
- 12.30-1.20 pm **SESSION V**
Moderators: Dr. N. Subramniam, Dr. Prathaph Kumar
- 12.30-1.20 pm **LIVE SURGERY 13: Superior capsular reconstruction**
Surgeons: Dr. Milind Pimprikar, Dr. Teruhisa Mihata
- 1.20 - 2.00 pm **LUNCH ON VIDEO DEMO**

Hall A	Hall B	Hall C
Shoulder Instability <i>Moderator: Dr. Ashish Arbat, Dr. Vinay Tantuay</i> <ul style="list-style-type: none"> • Bankart repair video demo Dr. Danny Lie Hands on Demo	Shoulder Instability <i>Moderator: Dr. Nagaraj Shetty, Dr. Rajeev Gupta</i> <ul style="list-style-type: none"> • Bankart repair video demo Dr. Kevin Plancher Hands on Demo	Rotator Cuff Repair <i>Moderator: Dr. Sanjay Trivedi, Dr. P. Gopinath</i> <ul style="list-style-type: none"> • Double Row Rotator Cuff Repair video demo Dr. Frances Soler Hands on Demo

2.00-3.00 pm	SESSION VI <i>Moderators: Dr. Krishna Subramaniam, Dr. Rajkumar Amravati, Dr. Nishith Shah</i>
2.00-2.30 pm	LIVE SURGERY 14: Single row cuff repair <i>Surgeons: Dr. Mihir Patel, Dr. Philippe Landreau</i>
2.30-3.00 pm	Rotator cuff Symposia (8 min. each) <ul style="list-style-type: none">• How do I manage partial cuff tears - Dr. Giovanni Di Giacomo• Strategy for irreparable cuff tear - Dr. Kevin Plancher• Isolated subscapularis tear - Dr. Steffen Schroeter• Rotator Cuff Failure - Why & How? - Dr. Frances Soler Discussion (6 min.)
3.00-4.00 pm	SESSION VII <i>Moderators: Dr. Shital Gupta, Dr. Kalpesh Trivedi</i>
3.00-3.30 pm	LIVE SURGERY 15: Double row cuff repair <i>Surgeons: Dr. Nikhil Iyer, Dr. Young Girl Rhee</i>
3.30-4.00 pm	Guest Lectures (8 min. each) <ul style="list-style-type: none">• Options for irreparable tears - Dr. Teruhisa Mihata• Current concepts in management of stiff shoulders - Dr. Danny Lie• Revision cuff repair – issues to be addressed - Dr. Philippe Landreau Discussion (6 min.)
4.00-5.00 pm	SESSION VIII <i>Moderators: Dr. Umesh Jadhav, Dr. Raghuveer Reddy, Dr. Shirish Pathak</i>
4.00-4.30 pm	LIVE SURGERY 16: Double row cuff repair <i>Surgeons: Dr. Ashish Arbat, Dr. Kevin Plancher</i>
4.30-5.00 pm	Panel Discussion: Rotator Cuff and Stiff Shoulder <i>Moderator: Dr. Dinshaw Pardiwala</i> <i>Panelists: Dr. Teruhisa Mihata, Dr. Danny Lie, Dr. Kalpesh Trivedi, Dr. Giovanni Di Giacomo, Dr. I.P.S. Oberoi, Dr. Philippe Landreau</i>
5.00-5.30 pm	SESSION IX <i>Moderators: Dr. Sanjay Trivedi, Dr. Nagaraj Shetty</i>
5.00 - 5.30 pm	LIVE SURGERY 17: Arthroscopic capsular release and cuff repair <i>Surgeons: Dr. Sandeep Biraris and Dr. Kevin Plancher</i>
5.30 pm	Arthroscopy Academy Shoulder Oration (20 min.) <i>Chairman: Dr. Nicolas Antao</i> Massive Rotator Cuff repair- New dimension for irreparable cuff tear management Dr. Teruhisa Mihata
6.00 pm	Valedictory

CADVERIC WORKSHOP

Dissection Hall

8.00 - 11.00 am		11.30 - 03.00 pm	
Hall - 1		Hall - 2	
<i>Moderator</i>	Dr. Milind Pimprikar	<i>Moderator</i>	Dr. Nicholas Antao
Basic Knee	6 stations	Advance Knee	10 stations
Faculty Dr. Ranjith Panigrahi Dr. Girish Chandra	Dr. Mukesh Laddha Dr. Vinay Pandey Dr. Rakesh Chaudhary Dr. Ashish Kumar Dr. Vinay Tantuway Dr. Vaibhav Bagaria Dr. Brajesh Dadaria Dr. Anand Galgale	Faculty	Dr. Nicholas Antao Dr. Swaranendu Samanta Dr. Mihir Patel Dr. Hetal Chiniwala Dr. Kumar Dussa Dr. P. S. Jayaprasad Dr. Prashant Tonape Dr. P. Gopinath Dr. Rajkumar Amravati Dr. Rajeev Gupta Dr. Umesh Jadhav Dr. Anil Patil Dr. Satyajit Jagtap

08.00 - 11.00 am		11.30 - 3.00 pm	
Hall - 1		Hall - 2	
<i>Moderator</i>	Dr. Mihir Patel	<i>Moderator</i>	Dr Roshan Wade
Basic Shoulder	6 station	Adv Shoulder	10 stations
Faculty	Dr. Mukesh Laddha Dr. Vinay Pandey Dr. Rakesh Chaudhary Dr. Ashish Kumar Dr. Vinay Tantuway Dr. Vaibhav Bagaria Dr. Brajesh Dadaria Dr. Anand Galgale	Faculty	Dr. Umesh Jadhav Dr. Sameer Sheikh Dr. Rajkumar Amravati Dr. Sheetal Gupta Dr. P.S. Jayaprasad Dr. Nikhil Iyer Dr. K. Subramaniam Dr. Ashish Arbat Dr. Vivek Pandey Dr. Nagaraj Shetty Dr. Anil Patil Dr. Raghuvveer Reddy
		12.00 - 3.00 pm	Trans osseous rotator cuff repair - Dr. Raghuvveer Reddy

CRL- 2ND floor, College Building, KEM Hospital

8.00-11.00 am Unicopartment Knee replacement - 3 stations
(Moderator: **Dr. M.M. Desai**)

12.00-3.00 pm Reverse Shoulder replacement - 3 stations
(Moderator: **Dr. M.M. Desai and Dr. Pradeep Nemade**)